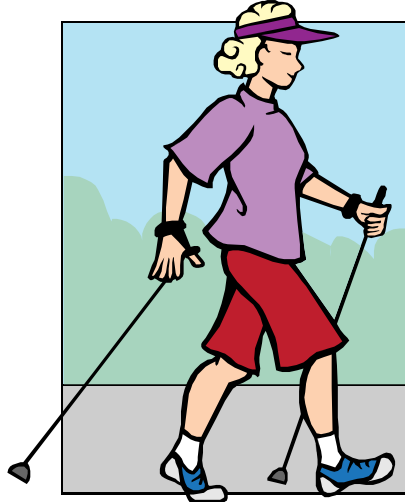


Wellness Institute ... keeping you healthier



## *Bone Health for Seniors*

### Three Part Program

- Cooking demo and talk
- Screening at senior center
- Results provided individually

At your senior center

Convenient appointments

Covered by Medicare and insurance

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#### About these services:

Wellness Institute Inc has provided Osteoporosis services since 1997 throughout New York and New Jersey with award winning services for education, assessment and follow up. Senior citizen clubs and organizations, as well as county Offices for the Aging have benefited from these services over the years.

For information, contact us by phone or email. [mharnett@wellnessinstituteny.com](mailto:mharnett@wellnessinstituteny.com) or 800-609-2198 or in NY 845-638-4574.